



**RACKETS  
ACADEMY**

*Dubai*

# Performance Program Winter Camp *Spring 2023*

**Venue: Green Community, Motor City**

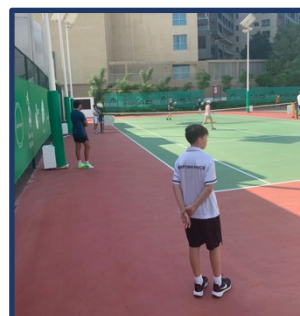
**Week 1: Monday 27<sup>th</sup> - Friday 31<sup>st</sup> March**

**Week 2: Monday 3<sup>rd</sup> - Friday 7<sup>th</sup> April**

**Time: Drop off 8:30-9am Pick up 12:30-1pm**

**Price: 180 AED Per day / 750 AED Per Week**

**Level: Performance**



Our Performance Program Camp is designed for players who are taking the first steps into competitive tennis. The daily program is designed more to give players everything they need to compete in Tournaments and that aspire to be part of our [Elite Program](#). The program looks at technique, tennis fitness and match play tactics based around competing in national level events. There is also a specific strength and conditioning coach brought in to do extra off court work with the players.

**Please ensure your child brings sun block, hat, plenty of water and snacks.**

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